

HIGHLIGHTS

NOVEMBER 2011

A Bimonthly Newsletter for collaborative projects of Youth Affairs Department Government of Sindh and Habib University Foundation



WHAT'S MAKING NEWS?



page 2
Exploring and Building Partnerships



page 4
YES Career Seminars



page 5
Young Learners Graduate: Graduation Ceremony Held at iACT



page 6
INSPYRE and iACT Students Exhibit their Work



page 7
iLEAD Agreement Signing Ceremony



page 8
Inspiring and Engaging the Teachers of iLEAD Partner Institutes



Youth Empowering Spaces

- YES facilitates Pakistani youth to aspire for a healthy and productive life
- YES will be implemented in Karachi, Matiari and Jamshoro in its pilot phase
- YES will support youth to enhance their awareness about their own environment, grow personally, connect with each other for learning and development and use technology as an empowering tool



Inspiring Pakistani Youth to Reach Excellence (Being Implemented at iACT)

- INSPYRE aims at providing youth with a platform for their personal growth, career enhancement and social development
- INSPYRE provides free of cost career education to youth for their career building in Information Technology, Retail Management, Digital Media, Call Center Industry, Fashion and Textile Designing
- Internships are an essential component of the INSPYRE learning experience



Inspiring Leadership, Empowerment and Development in Youth

- iLEAD focuses on promoting a healthy lifestyle, leadership and personal development in youth through sports education and community service
- iLEAD has established partnerships with 5 colleges and 25 schools in Karachi and Hyderabad
- iLEAD has developed a curriculum titled "Nurturing Healthy Minds and Bodies" and has organized sports weeks, summer camps, sports festivals, coaching camps etc. for youth



City District Government Karachi



Youth Affairs Department
Government of Sindh



Habib University Foundation

Technical Partner



Foreword

The months of September and October were quite eventful as YES, INSPYRE and iLEAD implemented various planned activities. YES trained 23 young facilitators as part of Facilitating Young Facilitators while also conducting the first of three planned JUSTUJU workshops engaging 32 youth. iLEAD signed the formal partnership agreement with its partner institutes for 2011-2012 and initiated teachers' training for iLEAD curriculum. INSPYRE not lagging behind in any way, held the graduation ceremony where 151 successful graduates were awarded

certificates of completion by Syed Faisal Ali Sabzwari, Youth Affairs Minister, GoS. Nevertheless, we look forward to doing more to promote the message of healthy and productive living. Share with us if you appreciate our initiatives by writing us at yasmeenbano@huf.org.pk. With the prayers of peace in all nations, I wish you all a very happy reading of this bimonthly issue of HIGHLIGHTS.

Yasmeen Bano
Head, Projects

Facts and Figures

YES

- 23 young trainers receive training under FYF – Facilitating Young Facilitators.
- YES launches a 40-hour youth personal development and leadership program titled JUSTUJU.
- 32 young people participate in 1st JUSTUJU workshop.
- 191 youth attend 3 sessions of YES Career Seminar Series.

INSPYRE

- 151 young learners graduate from iACT in Cohorts IV and V.
- 58 students display their work in Fashion Designing, Textile Designing and Photography Exhibition.
- Social Action Project (SAP) of 2 iACT students makes it to top 30 finalists.

iLEAD

- iLEAD finalizes partnership with 6 institutions for 2011-2012.
- 24 teachers attend training on Nurturing Healthy Minds and Bodies Curriculum.

YES Highlights

Creating YES Web of Partners: Exploring and Building Partnerships

YES believes in working collaboratively with other organizations and individuals for creating exciting learning opportunities for youth. YES undertook incessant efforts to invite partners for youth empowerment:

Building Partnerships with Young Trainers



Selected young trainers at a training session

YES has designed an innovative program to facilitate youth to understand the notion of empowerment and acquire pertinent knowledge and skills. The program has been launched under the title of 'JUSTUJU' and is being implemented by youth for youth.

Through facebook, sms and email marketing, YES invited talented young individuals possessing a passion for youth trainings to partner with YES. Various institutes that impart formal education and trainings to youth were also approached. They were encouraged to nominate their young faculty members to become youth facilitators and consequently implement JUSTUJU at their

institutes for their students. YES intends to create flexible learning spaces within the institutes of formal education and training too.

In totality, YES received a good response. Around 33 young trainers demonstrated their interest to partner with YES and contribute for youth development. Through a careful selection process, 23 young people were selected to participate in the training.

This unique exercise boosted the morale of participating youth and equipped them with necessary skills to work for youth development.

Formalizing Partnership with the Strengthening Participatory Organization, Hyderabad Sindh

Strengthening Participatory Organization (SPO) is working significantly for youth development and empowerment along with their other foci. YES has formalized

partnership with SPO to implement its youth development programs in Jamshoro and Matiari. SPO also nominated 4 young trainers to participate in the YES training programs.

YES Highlights

Facilitating Young Facilitators: A Capacity Building Program for Young Trainers

Facilitating Young Facilitators (FYF) is a capacity building scheme of YES to nurture the talent of budding youth trainers. The program does not only harness the potential of young trainers, but, also creates a pool of energetic young trainers to implement various YES youth initiatives.

The first eight-day FYF training was held at the Institute for Advancing Careers and Talents (iACT) from September 21-29, 2011. Ms. Rafia Halim, Additional Secretary for Sports and Youth Affairs Department, Government of Sindh was the chief guest of the opening ceremony held on September 21, 2011. She was appreciative of the efforts of Habib University Foundation (H.U.F.) for youth development.

Held in collaboration with the School of Leadership (SoL), FYF engaged 23 youth trainers, also including 4 young participants from Strengthening Participatory Organization (SPO), Hyderabad. FYF focused on imparting tools and techniques for planning and delivering effective workshops for youth. It also broadened participants' understanding about self-awareness, critical thinking and decision making as essential tools for empowerment.



A group shot of young trainers of FYF – Facilitating Young Facilitators with Ms. Rafia Haleem

The young trainers expressed their joy for having the opportunity to work closely with youth in upcoming JUSTUJU workshops.

"The facilitators helped me realize that I can break free from mental patterns which hinder excellence."

Adnan Hussain

Launching of JUSTUJU: A Youth Leadership and Empowerment Program

JUSTUJU is one of the YES programs designed to engage youth in a 40-hour course of learning to help them explore and understand the notion of empowerment. The only criterion for participation is the individual's willingness and commitment to learn and grow. JUSTUJU is an ongoing YES initiative.

JUSTUJU was announced using facebook page, sms and email marketing, poster displays, flyer distribution, face to face meetings, etc. In a span of 10 days around 130 young people between the ages of 18-30 years registered for the program. On October 20, 90 eligible candidates were oriented on the workshop and its aspired outcomes.

First JUSTUJU workshop was held from October 25 – 30, 2011 at the Institute for Advancing Careers and Talents (iACT). The workshop welcomed 32 young participants with a perfect gender balance. The 3 building blocks of empowerment namely, self awareness and confidence, emotional intelligence, and critical thinking and decision making were profusely discussed during the workshop through enthralling activities, presentations, group discussions, case



Youth actively participate in interactive activities during JUSTUJU

studies, and using Edward De Bono's six thinking hats, personal / self-analysis tools like Emotional Quotient (EQ), etc. The 6-day program was facilitated by the group of young facilitators trained during the Facilitating Young Facilitators (FYF) training.

The youth attending the first workshop expressed their jubilation for being a part of this journey and hope to effectively integrate these insights in their lives for a healthy living.

"I can feel the change in myself. Before attending the workshop most of my decisions were not backed by critical thinking. ...Now I realize my strength and weaknesses and feel prepared to face situations."

Hasan Ali

JUSTUJU Participant

YES Highlights

YES Career Seminar Series: Sowing the Seeds for Proactive Career Planning and Thinking

To broaden the vision of young students to look beyond the conventional choices between a doctor, teacher and an MBA, Youth Empowering Spaces (YES) continued its initiative of conducting career guidance sessions in selected schools:

Career Seminar at Happy Home School



Dr. Hanif Mohammed discusses career related information with the students of Happy Home School

42 students and 3 teachers of Happy Home School, were facilitated through a career guidance seminar on October 12, 2011. The session enlightened the students on the array of career choices they have vis-à-vis their unique characteristics. The winning combination of the forte of Dr. Hanif in guiding young minds for successful careers and the instrumental use of personality gauging tools and psychometric tests gave an intriguing experience to the students.

The students as well as the principal Dr. Madiha Ahmed and teachers labelled the session as a good learning experience.

Career Guidance Sessions at Prince Aly Boys Academy

Career guidance seminar at Prince Aly Boys Academy (PABA) provided relevant career information to 84 students on September 14 and 17, 2011. The 2 sessions used the Psychometric and Personality SWOT tests to impart knowledge on how one should chose a career based on his talents. Dr. Hanif Mohammed of Davinci Trainers helped students understand various factors to keep in mind while selecting a career. The students looked keen to gain useful insights.

"I want to learn more about myself using the psychometric tests."

Student, PABA

"It feels good to know about myself and about careers that I can excel vis-à-vis my personality type."

Student, PABA



Dr. Hanif speaks to the students of Prince Aly Boys Academy on Career Building

YES at Ghulaman-e-Abbass School, Mari pur, Karachi

65 students and 4 teachers actively participated in a 3-hour YES career guidance session on October 29, 2011 at the campus of Ghulaman-e-Abbass School, Mari Pur Karachi.

The session conducted by the Program Officer, YES entailed budding the concept of career guidance in the students to enable them to choose a career most suitable for them. Various contemporary personality tools such as Myer-Briggs Type Indicator (MBTI), personality Strengths, Weaknesses, Opportunities and Threats (SWOT), etc. were used in aiding students to explore their instinctive talents and encourage them to tap into those flairs to make a successful career.

The students were particularly enticed by the

interactive and riveting mode of the session while they encountered first of such session that helped them realize their potentials and gave them a beacon for their careers. The school management too, found the sessions to be much rewarding and expressed their interest in continuation of this initiative through periodic visits by the YES team.

"I learned that following someone blindly can lead me to wrong career, I should chose my own."

Student, Ghulaman-e-Abbass School

"I learned about my characteristics, my nature and career options for myself."

Student, Ghulaman-e-Abbass School



YES Officer facilitates students during the Career Seminar

INSPYRE Highlights

Young Learners Graduate: Graduation Ceremony held at iACT

Since its commencement, more than 1100 students have graduated benefiting from the holistic learning environment of Institute for Advancing Careers and Talents (iACT). The graduation ceremony held on October 29, 2011 at the iACT added 151 more graduates taking the number to around 1300. The recent graduates completed their courses in Fashion Designing, Textile Designing, Call Center Agent Training and Digital Photography. Out of 151 graduates, 92 were the recipients of INSPYRE Scholarships. Syed Faisal Ali Subzwari, Minister for Youth Affairs, Government of Sindh was the chief guest of the event. He identified iACT as a vibrant learning space yielding successful professionals and entrepreneurs. Mr. Khurshid Ali Sheikh, Director Youth Affairs Department,

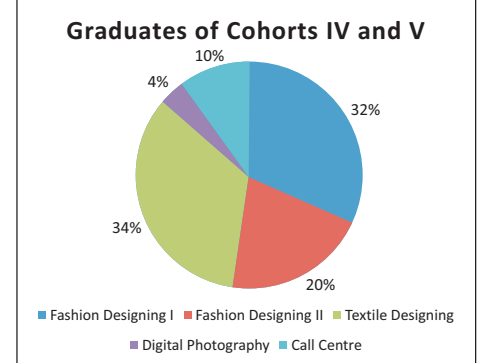


Mr. Wasif Rizvi, CEO H.U.F. awards certificate to an iACT graduate

Government of Sindh and Project Director INSPYRE, iLEAD and YES, Mr. Wasif Rizvi, Chief Executive Officer, Habib University Foundation (H.U.F.) and officials from Youth Affairs Department and H.U.F. were also present at the ceremony.

Nadia Khan, a young graduate reflected on her experience at iACT and was appreciative of the collaborative initiative of the Youth Affairs Department, Government of Sindh, City District Government Karachi and Habib University Foundation. She recounted the anecdotes of her stay at iACT while specially appreciating the supportive faculty, Personal Development module and the internship opportunity available to all graduates.

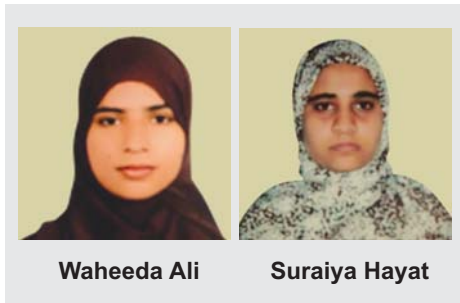
The graduating students looked eager to enter their careers with the newly acquired skills and hope to continue to be part of iACT through iACT Alumni Association.



آج جو نادیہ آپ کے سامنے کھڑی ہے وہ اس نادیہ سے بہت مختلف ہے جس نے آج سے چھ مہینے پہلے آئی ایکٹ میں داخلہ لیا تھا۔ وہ نادیہ خاموش رہتی تھی کلاس کے سامنے بولنے سے گھبراتی تھی۔ مگر آج کی نادیہ آپ سب کے سامنے با اعتماد طریقے سے اپنے ساتھیوں کی نمائندگی کرنے میں فخر محسوس کر رہی ہے۔ تبدیلی کی ایسی بہت سی مثالیں آپ کو آئی ایکٹ میں ملیں گی۔

نادیہ خان
گرہجو بیٹ، آئی ایکٹ

iACT Students Excel in Performance: Nomination for SAP Award



Waheeda Ali

Suraiya Hayat

300 projects competed for top positions in the competition. Through a rigorous selection process, 30 best projects have been selected for the SAP award. The award ceremony will be held in Lahore this year where these projects will be displayed.

Waheeda and Suraiya implemented their project titled "A Step Against Literacy" in Bhitayabad (an underprivileged locality in Karachi) as both of them reside there.

The Social Action Project (SAP) of Waheeda Ali and Suraiya Hayat has been selected as one of the top 30 SAP designed and implemented by youth across Pakistan under the Active Citizens Program of British Council.

They started a home based school in Bhitayabad to offer free of cost basic literacy to females and children. Around 45 females and children have benefitted from the SAP of Waheeda and Suraiya and many continue

to reap benefits of the initiative as these young girls have set premise for an ongoing process.

"We were confident on the work we were doing but did not have an idea that our project will be in top 30. We are very happy and thankful to iACT and British Council. We look forward to working more on societal development."

*Waheeda Ali and Suraiya Hayat
Graduates, iACT*

INSPYRE Highlights

Creative Displays: INSPYRE and iACT Students Exhibit their Work

As part of the ethos of iACT, students of exhibited their final projects and course portfolios on September 24, 2011. 58 students including 41 INSPYRE students of Cohort V availed the platform to display their work in Fashion Designing, Textile Designing and Digital Photography.

Mr. Khurshid Ali Sheikh, Director Youth Affairs Department, Government of Sindh attended the exhibition and expressed his profound admiration for the creative work presented by the students. The art works of Digital Photography students reflected their knowledge and skills for various shooting techniques as well as their creative thoughts and ideas. The casual and formal apparel, block printed ties, embellished cell-phone pouches, scarves and bed sheets using the techniques of batik, fabric printing, screen printing, silk printing and tie-dye pieces displayed were contemporary and well-crafted.



Mr. Khurshid Ali Sheikh, Director Youth Affairs visits stalls during the exhibition

The exhibition hosted an audience of 400 people comprising of students, parents, iACT alumni, etc. who lauded the presented art

work. The students displaying their work also showed great pleasure for having the chance to showcase their work.

Launching of Business Communication Module

Effective communication is vital for success in any business or job. The inability to communicate effectively hinders productivity and sieges career growth. Realizing the importance of effective communication, iACT

launched a specially designed 50-hour module on Effective Business Communication for its Diploma and long certificate courses.

The module aspires to engage students in a

variety of activities to enhance their listening skills, verbal communication, body language, ability to persuade, negotiate and convince, etc. besides enhancing their writing skills for simple business communication.

iACT Touching Lives, Preparing Professionals

Syed Fawwad is a proud owner of his entrepreneurial venture “Oxygen Photo and Design Solutions” and a successful emulative example of how a small step towards career advancement can give a roadmap to pursue success.

After completing his B.Com, Fawwad joined iACT to learn Graphic Designing in cohort II. It was then that he realized that Graphic designing could mean much more than a hobby. After graduating from iACT in June 2010, Fawwad took up his fervor as his profession by starting with freelance designing assignments. He designed cards, posters, logo, t-shirts, etc. using the relevant contemporary softwares. The Personal and Career Development sessions at iACT had taught Fawwad to be prudent with the use overt and covert opportunities for career progression. Employing the idea, he created a facebook page to display his work and invite vendors for assignments. His creative work instigated an influx of assignments

allowing him to soon diversify and invest in photography, with a focus in picture editing as the two; photo editing and graphic designing require the use of the same softwares. Not too long on his journey, In May 2011, Fawwad launched his venture where he undertakes photography for fashion portfolios, nature photography, magazine photography, product photography, etc. Owing to the popularity of his facebook page, Fawwad was recently approached to cover Shaor – Empowering Awareness; a 1-day entrepreneurial workshop, and TEDx MazarEQuaid, live webcasts of TED conferences.

Gladly supporting the family of 5 with his father, Fawwad looks back and cherishes his stay at iACT where the ever supportive faculty went beyond the course books with programs like Active Citizen’s, Personal and Career Development module and opportunities to take a lead and volunteer in



Fawwad – Graphic Designing Cohort II

in-house events to prepare him for his professional voyage. In spite of ample things on his plate, Fawwad makes sure to visit iACT once a month and meets with the faculty to discuss business ideas and seek guidance.

Aiming to continue photography and designing, Fawwad aspires to be one of the artists who wish to excel in performance while indifferent to monetary grandeur.

iLEAD Highlights

Why Nurturing Healthy Minds and Bodies: Teachers' Orientation Sessions



Students, teachers and parents attend the orientation at New Generation's School

Meetings, discussions and sharing of iLEAD material with the management of potential partner institutes generated enough curiosity and enthusiasm among teachers and principals of partner schools for them to ask

more about the curriculum on Nurturing Healthy Minds and Bodies (NHMB). This curiosity and interest led iLEAD team to organize two orientation sessions to engage teachers, parents and students at New

"My son is an angry boy with very little patience. I hope this curriculum will help him to learn to manage his anger and build good relationships with others."

*A parent
New Generation's School*

Generation's School and Raunaq-e-Islam Girls Higher Secondary School.

Highlighting the significance of the NHMB curriculum for overall youth development, the orientations stressed on incorporating the curriculum in overall school program and on facilitating the teachers to attend teachers' training session for its successful implementation. Around 100 participants including teachers, parents and students attended the sessions and gave a positive response to the call for partnership from iLEAD. They all felt that there is a need to introduce our youth to life skills and healthy ways of living for a better future.

iLEAD Agreement Signing Ceremony: The Roadway to Healthy Living



Principal of an iLEAD partner school signs the Partnership Agreement

iLEAD Agreement Signing Ceremony with its partner for 2011-12 was held on October 7, 2011 at Institute for Advancing Careers and Talents (iACT). The ceremony gathered principals, officials and teachers of 6, iLEAD partner schools who have decided to join iLEAD in implementing the Nurturing Healthy Minds and Bodies (NHMB) curriculum namely, New Generation's School, Hyderabad Higher Secondary School of Academic Excellence, Government City

College, Raunaq-e-Islam Girls Higher Secondary School, Rukaiya Hajiani High School and Children's Education Center Government Boys Secondary School. 2 out of the 6 partner institutions are public; 1 school and 1 degree college, while rest of the 4 schools are private. The project target locations are Karachi and Hyderabad.

The ceremony attracted a wide audience including school officials, representatives of

Habib University Foundation (H.U.F.) and Youth Empowering Spaces (YES), and media representative for a 2-hour ceremony where the formal agreement signing ceremony was undertaken. Later, the partner institutions were presented with mementos in acknowledgement of their efforts for youth development.

"I foresee this partnership yielding multifold effects on our students and teachers by enabling them to excel in their respective fields through self development."

*Ahmad nawaz Kaka
Principal, Hyderabad Higher
Secondary School of Excellence*

"The NHMB curriculum was much needed for our youth today. I'm honored to have the opportunity to pilot this curriculum in our school."

*Nadia Nathani
Principal, Rukiya Hajiani High School*

iLEAD Highlights

Learning to Teach: Inspiring and Engaging the Teachers of iLEAD Partner Institutes

Teachers' own beliefs, knowledge, skills and values play a pivotal role in shaping the classrooms' environment and in translating curriculum into learning activities. Realizing the importance of this aspect, a 6-day teachers' capacity building training was organized to facilitate 22 nominated teachers of iLEAD partner institutes to facilitate them to:

- Reflect on their beliefs about teaching, learning, teacher and learner
- Understand the need and importance of curriculum on 'Healthy Minds and Bodies'
- Enhance their knowledge and skills for implementing theme 1 of the curriculum i.e. Life Skills for Healthy Living.
- Acquire skills for Active Learning pedagogies.

The training was held from October 17-22, at the Institute for Advancing Careers and Talents, Malir. The program engaged teachers in a variety of interactive activities in order to develop an understanding for curriculum implementation.



Teachers discuss curriculum implementation strategies during a group activity

During the training program, the teachers were facilitated to understand the curriculum content as well as to learn active learning pedagogies through experience. All the participants were provided with curriculum documents, teachers' guide and lesson planning booklet as core resources.

"I had never experienced such training in the past. I can already feel the difference between the teacher I was before and how I would like to reform myself."

A teacher at NHMB Training

"This training helped me to understand the importance of learning through experience i.e. activity based learning model."

A teacher at NHMB Training



Teachers engage in sports activities during the training

Upcoming Events & Activities

- Exhibition of art work by Digital Media students at iACT
- Planning internships and placements for Digital Media students
- Organizing JUSTJU workshops II and III in Karachi under YES
- Conducting YES Talent Nurturing Camp
- Launching YES website
- Initiating JUSTJU workshop in Jamshoro in collaboration with Strengthening Participatory Organization
- Designing "Technology for Empowerment" under YES
- Organizing iLEAD Inter School Girls Throw ball Tournament
- Engaging youth in EnergActives
- Conducting the second round of iLEAD teachers' training

Habib University Foundation

147, Block 7 & 8,
Banglore Cooperative
Housing Society,
Tipu Sultan Road,
Karachi - Pakistan

Phone: (92-21) 34301051-55
Fax: (92-21) 34301056

Web: www.huf.org.pk
www.iact.org.pk
www.huf.org.pk/iLEAD
www.huf.org.pk/YES